



Message from the Chair

Well, I don't know about you, but July was too hot for me!

While the temperatures we had would be fine on holiday, they weren't ideal for working, sleeping, or even shooting... not to mention what they've done to the garden (I am showing my age now).



That said, there will be complaints when it starts to cool, or the rains return, and then don't get me started on the wind! The days with perfect weather are few and far between.

And then what?

I head to the club but I might be tired, or there is a problem with something on the bow, or maybe I just haven't practiced enough, and I find a million reasons to explain why I haven't just shot the score that I know I was capable of and then go home unhappy.

Does this sound familiar? Over the years I've made a habit of considering each personal best achieved, the '*new normal*', and sometimes still think I've failed as I could have done even better!

But no more, and I welcome those like me to think differently.

Come to the club to shoot, and work on improving of course, just don't put all your value in the score you achieve - as you'll never find happiness there. In the words of *Ralph Waldo Emerson* (I admit that I had to Google it) – *it's not the destination, but the journey that matters*.

Right, enough navel gazing – what are you doing on **Sunday 13th September** - as it's the club's main shoot of the year, incorporating the **Club Championships**?!

While there is a (semi) serious, competitive strand, the event is organised in such a way that no matter what discipline you shoot and at what level, there will be a suitable target for you to shoot at.

It's also only 6 dozen (take your pick of the morning or afternoon session), and there will be a catered lunch during the cross over period – this year, our Head Chef [Andy Williamson](#) will be assisted by his new Sous Chef [Adrien Riley](#), while I have been demoted from Commis Chef to Kitchen Porter.

I had one job last year and even managed to mess that up... in my defence, no one died of food poisoning.

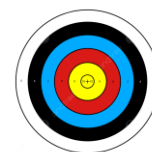
We can get 8 bosses on the field, and with 4 on a boss, and 2 sessions, that's potentially 64 archers taking part, which is just over a third of our membership, but has never been achieved.

Maybe 2026 is the year it will!

So, stay hydrated / bring a Pac-a-mac, and keep shooting



David Woodroffe
Chair – Bowmen of Bruntwood



Handicap shoot, 5th July

This month's Handicap Shoot introduced a new pre-competition sign-up system to help [Lisa Creer](#), who was standing in for [Sarah Davnall](#) in coordinating target allocations and registrations. It seemed that, for Lisa's first time in the role of record keeper, an even greater number of people than usual decided to turn up, certainly keeping her on her toes! There was hardly any space to set up equipment in the outdoor hut.



Despite the busy start, [Lisa](#) did a fantastic job, and the new system worked smoothly, helping the day run efficiently from the outset.

We were also delighted to welcome baby [Selina](#), who made a very cute appearance alongside her mum. There were plenty of light-hearted moments too, with [Sharon Tay](#) wondering if [Amin Ali](#) was trying to keep himself awake during the shoot!





The day also included a **birthday celebration** for *Andy Williamson*, complete with cake, providing a perfect end to a successful and enjoyable event.

A big thank you to *Lisa* for stepping into the role so successfully, and to everyone who attended!



Away – Achievements

Lancashire Clout champs at Blundell Sands, 26th July



Four Bruntwood archers entered the Lancashire County Metric Clout. In very trying conditions, high winds gusting between 26 and 30mph all four archers achieved medals!

In the Asiatic bow category shooting 165mtrs *Colin Asworth* came **first**, *Steve Carey* **second** and *Nigel Atkinson* came **third**,

This is possibly the first time this bow style has been rewarded separately to bare bow!

The very modest trio asked not to mention their scores as they were just thankful to survive the shoot and receive a medal.

In the barebow section (again shooting 165mtrs) I (*Steve Ash*) tied on score for first place but ended up in **second place** as the other archer had 3 more hits than I did. In clout tied scores go to the number of hits not golds as in target archery.

Bruntwood archers acquitted themselves well!

Unfortunately - there were no team awards possible as we had no lady or junior archers in either category.

Congratulation to each and everyone of you! Even though you forgot to take a group picture!

Add-on from August 2025



La Flèche

La Flèche is the annual magazine of the Fletchers' Company. It is published each May.



The BoB August 2025 Newsletter reported a year ago [Christine Mckeown](#) and [Khalid Bostan](#) attending the World Transplant Games in Dresden, Germany.

Our BoB archers featured proudly in this yearly published magazine and was brought to our attention by [Christine](#). And of course it will get a mention here!



17TH-24TH AUGUST 2025

WORLD TRANSPLANT GAMES

Dresden, Germany, was the spectacular venue adjacent to the River Elbe for the World Transplant Games (WTG) during August last year.

A few months beforehand the Access Archery Fund, managed by the Fletchers' Trust, had helped facilitate training for Team GB at Lilleshall. This was an invaluable weekend with Lloyd Brown, utilising his copious international experience to our advantage. Apart from individual matches, there was also to be a team event. A team consists of three

archers, each of whom shoot two arrows per end, and all within two minutes. Getting an efficient and effective routine to shoot, clear the line, and get the next archer onto the line, would be crucial.

The 14 archers had all had at least one organ transplant; some more. Held over a week, the many sports of the WTG are truly a celebration of life. Archery is not a core sport but is an option which may be voted in by the host nation. With 2019 being the last time archery was involved, everyone was keen to do well.

In bright sunshine the mandatory practice day had two sessions. Competition day saw the individual ranking round in the morning, followed by the head-to-heads. Some of these matches were close. Going into the final, GB's Christine Keown was behind by one point to a Colombian lady but emerged victorious after hitting gold with all three arrows. Team GB did well, earning four gold, three silver, and one bronze.

Two of GB's four teams in the afternoon event proceeded to the semi-finals. One team beat Germany to win gold, the other beat the Netherlands for bronze. With a total of five gold, three silver, and two bronze medals over the individual and team events, Team GB topped the medal table by some margin.

The Fletchers contribute to the Access Archery fund at Archery GB. We have been recipients as it enabled the team to get a weekend camp at the Performance Archery Centre at Lilleshall, run by the GB Team Manager.

Pete Probert, Lead Coach to GB archery Team for world Transplant Games (part of the Olympic family).



Above: Team GB.



Above: l to r: Team world champions, Christine Keown, Sam Newton, Donna Barrington-Smith.

Right: On the right, GB's Christine Keown v Colombia.





Recurve Bow Kit Hire



BOWMEN OF BRUNTWOOD
EST. 1952

RECURVE BOW KIT HIRE

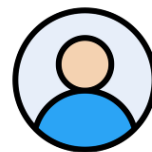
Recurve bow kit hire for beginners, including all the kit to get you shooting after progressing from the club bows. Complete kit includes riser(sight, rest and pressure button), limbs, string and stabilisers. LH & RH risers along with a range of limb poundage's are available, allowing for limb weight progression until you're ready to purchase your own kit.

£ Hire cost is **£25/month**, plus a **£75** refundable deposit.
Minimum 3 month rental period

✉ Please contact head coach Steve Ash steve.ashfamily@hotmail.co.uk or Steve Hughes bowrental@bowmenofbruntwood.co.uk

Member – Profile

Antje Teubner



I've always enjoyed trying different things. Over the years I've learnt salsa dancing, which I stuck with for about seven years, and I've also had a go at pottery. I like picking up new activities and seeing where they take me.

Then one day we took the kids to the playground in Bruntwood Park, and I spotted the Bowmen of Bruntwood archery field. I remember saying, "I'd really like to have a go at that."

Not long afterwards, I was given a voucher for a beginners' course as a birthday gift – that must have been about seven or eight years ago now. I loved it straight away and joined the club soon after.

I was just getting into it when COVID arrived, so there wasn't much opportunity to shoot for a while, mainly due to work and general restrictions. Once things reopened, I started shooting regularly again, and that's when archery really became part of my life.

What I like most about archery is the focus it demands. When you're on the shooting line, everything narrows to the shot – the bow, the arrow, your breathing, your aim, your stance, posture, anchorpoint – there is a lot to take in and take care of and everything else just drops away.

My life is busy and often mentally demanding, and I don't always realise it until I step onto the field and everything suddenly simplifies. Archery gives me that reset.

There's also the company of great people with a shared interest. I'm generally a cheerful and talkative person (most of you will have realised that), and really enjoy the social side of the club. I like being around people, having a chat, and I definitely wouldn't describe myself as an introvert.

Equally - I love riding the lawn mower around the tranquil field on a pleasant summer evening - which is utterly relaxing 😊



Like most beginners, I started out with recurve. Then came the fun of buying my own kit and discovering that setting it up is almost as enjoyable as shooting it (not to forget to make sure that everything is colour coordinated, of course!).

Although at the beginning I was not super keen to get into all the technical aspects of setting up a bow I have since discovered that there is hidden challenge which I actually enjoy. I so value the constant help and advice as well as practical tips from people like [Mal](#), [Fred](#) and [Pete](#).



Bowmen of Bruntwood NEWSLETTER

July 2026

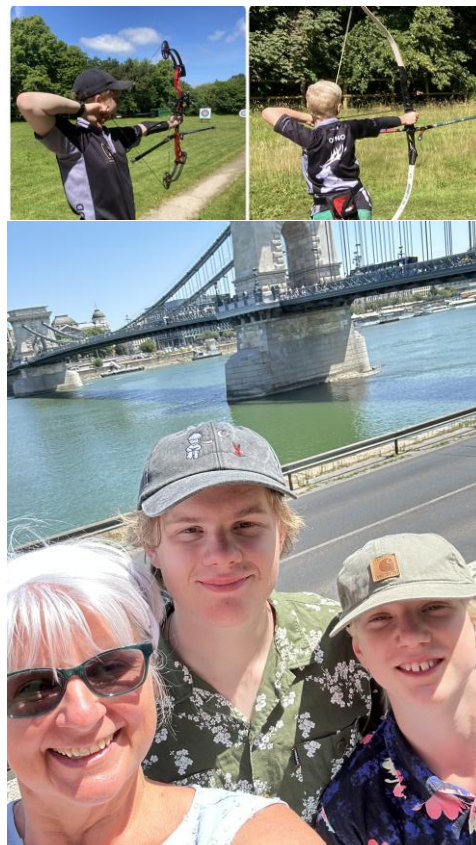
I still enjoy recurve and I am working to get comfortable on longer distances (like achieving my 252 at 60 yards), but more recently I've tried my hand at barebow, which has been great fun. I was surprised by how much I enjoyed it and even more that I was not totally rubbish at it! I don't want to limit myself to one style; each discipline brings something different. Switching between them can be a bit confusing, but that's part of the challenge.

One of the best parts of getting into archery has been that both of my sons enjoying it too.. Though it was me instigating and encouraging it - I'm especially proud that my eldest son [Arlo](#) went on to qualify as a Level 1 coach, and that both of them taking actively part in club life.

It's also given us valuable time together, admittedly not entirely without hiccups 🤪, but still important..

There's something grounding about being out on the field in the fresh air, whatever the weather. The club's strong sense of community is a big part of the appeal and why I enjoy it. It's a place where you can step away from everything else - for a while.

Over time, I became even more involved in the club and joined the committee. I now serve as Club Secretary, and hope I fulfill the role to the satisfaction of the members. I enjoy contributing to the club's development, supporting its members, and helping to promote the sport. I also produce our monthly newsletter, which lets me capture everything that's happening throughout the months/year. Most members will probably recognise me wandering around taking photos of competitions, social events, coaching sessions, and all the little moments and curiosities that make club life special. It's a lovely way of keeping a record of our shared memories and celebrating our community to look back on in time.



Away from archery, I'm a hospital doctor; life is busy at work and at home. Time for myself is limited, which makes archery even more valuable. It gives me space to step away from daily demands. It might sound sentimental, but archery is honestly one of the best things I've taken up, and I really hope I'll be able to enjoy it well into a very distant future.

I grew up in Germany and moved to the UK in 1994. I've built my life here, raised my children in Manchester, and now feel at home in both places. Archery feels like part of that journey too – something I discovered by chance, but which has become a steady and important part of my life.

Written by Antje Teubner



Miscellaneous

- **3 WA720 + H2H comps over August and September** – if anyone at the club is interested. This competition was highlighted by *Arfan*.
It consist of shooting 72 arrows in the morning at 70m for Recurve/Longbow and 50m for Compound/Barebow. Then head to head matches in the afternoon. The organisers usually go through the structure of head to head during lunch time. These competitions are usually pretty relaxed if anyone wants to give it a go.
We believe places still available for all so best to contact organisers directly regarding entry.
 - <https://beta.wiganandorrellarchers.club/competitions/WOA72026>
 - https://clwydarchers.com/?page_id=72&fbclid=IwB21leATJh99jbGNrBMmH2mV4dG4DYWVtAjExAHNyGdGMGYXBwX2lkDDM1MDY4NTUzMTcyOAABHiuvU_fuly1kBZFq3vmy4bbahg3YEeDltqrM46JZerNPJUXKa_5dtn1retaY_aem_P2RhBZ3Y-Jb4_O8sDP68jQ
 - https://toxarch.co.uk/corus/wp-content/uploads/2026/05/Corus_Archery_2026_H2H_Entry_Form.pdf
- **Next Handicap shoot** – will be **Sunday 9th August**. The pre-shoot signup at the last shoot proved to be a great help - so we would like to try it again. If you know you are attending, please sign up on the form in the outdoor hut before 6th August the latest. If you turn up without having signed beforehand, you will be fitted in only if there is time as well as space. Thanks for your consideration.
- **Heater indoor range fixed** – you will be all pleased to know that the heating in the indoor range is now operating properly again. It should therefore not come on on its own when switched off or turned down correctly. The timer is set for £1 per hour and hopefully this will give us in the winter time a more reliable source of warmth. Please let us know if you notice any irregularities with it so it can be addressed – if needed.
- **Have-a-Go – August bank holiday** will see the second of these events of this year. We will be asking for volunteers to help and support the club so if you are free, maybe you plan this in for the end of August. A separate email reminder will be circulated. Thanks



Quote



"Archery: the only sport where saying 'I'll get it next time' 47 times is totally acceptable."

– Unknown



Bowmen of Bruntwood NEWSLETTER July 2026

And here the outlook for next Month:

AUGUST	Sat 01	Cheshire WA Star	Wirral RUFC	WA1440, Metrics I-V
	Sat 01-Sun 02	Archery GB 50+ Championships	Evesham	WA60/WA50 Metric 80-30
	Sun 02	Cheshire Championships	Wirral RUFC	Double WA70/WA50
	Tue 04-Fri 07	Archery GB Youth Festival 2026	Lilleshall	
	Thur 06	Committee meeting	Bruntwood	7.30pm
	Sat 08-Sun 09	British Target Champs (Entry 8th May 7pm)	Lilleshall	WA1440, WA70/WA50 and H2H
	Sun 09	Handicap Series: Windsors	Bruntwood	Sighters: 10am
	Sun 09	Junior/Novice 252 (Windsors 3rd distance)	Bruntwood	Sighters: 1pm
	Thur 13	Coaching Evening	Bruntwood	7pm onwards
	Sat 15	Beginners Coaching	Bruntwood	9am - 12pm & 1pm - 4pm
	Sun 16	Beginners Coaching	Bruntwood	9am - 12pm & 1pm - 4pm
	Sat 29	Work Party	Bruntwood	10.00 onwards
	Sat 29-Mon 31	Goldcrest Supreme Clout Competition	Driffied	Metric & AGB Clouts
	Mon 31	Have a Go	Bruntwood	TBC

HAPPY SHOOTING!